

## **KS2 Football Session Outlines**

Week	Learning Outcomes	Activities	
1	Keep the ball moving Close control Dribbling	Cone Road  King of the ring	
2	<ul><li>Controlling passes</li><li>Move and Pass</li></ul>	Swap & go Pairs With Gates	
		4v4 pass to score	
3	<ul> <li>Change of direction &amp; Pass</li> <li>Tackling an oppenant</li> </ul>	Foxes tails 1v1 ball chase  1v1 matches	
4	<ul> <li>Defending on the move</li> <li>Defending as a unit</li> </ul>	3v2 overload Stop the overload	
5	<ul><li>Passing into Space</li><li>Team tactics</li></ul>	Square passes Triangle goal	
	Round Robin Games		

6	• Assessments	Split the children into teams and play Football in their groups.		
		10 minute games.		
		Round 1 1 v 2 3 v 4		
		Round 2 1 v 4 2 v 3		
		Round 3 4 v 2 1 v 3		
7	Effectively using the wings Finding space between the lines	End zones Up and down		
8	Keeping possession Man marking	Twins Under arrest		
9	Turning out of trouble First touch	Tricks & turns Soft touches		
10	Long passing into space	1-2 passing Back to front		
11	Working the ball into the box Crossing the ball into the box	Combination crossing & finishing		
12	Working in small teams	4 goal game 4 corner zones 4v4		
13	Change of direction & Pass	Centre mid passing combination Inside of the foot pass		
14	Round Robin Games	Split the children into teams and play Football in their groups.  10 minute games.		

	Round 1	1 v 2 3 v 4
	Round 2	1 v 4 2 v 3
	Round 3	4 v 2 1 v 3